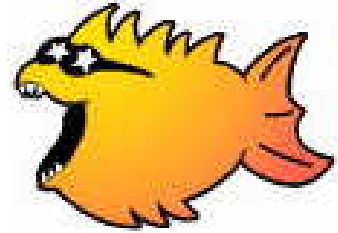




PINELOCH PIRANHAS



www.pinelochpiranhas.org

June 11, 2009

South Belt Sharks – 400.5

Pineloch Piranhas – 362.5

We didn't win this one, but we did very well and had some great swims. We are also happy that we had several Piranhas improve their times. Thanks again to all our fantastic parent and teen volunteers who made this meet happen. We could not do it without you!

Swimmers of the meet are: **Chelsea Alexander, Cristian Ali, Zach Arend, Bethany Boyer, Ian Burkett, Jackson Carter, Christopher Castillo, Emmie Causey, Elissa Chotas, Nick Clemmer, Connor Cole, Brandon Danner, Nicholas Fowler, Isabella Corsaro, Lindsay Delwood, Rachael Demers, Katelynn Filer, Mike Garske, Will Garske, Erin Irving, Ashley King, Harrison King, Zachary Homan, Macey Knobloch, Nicholas Martinez, Eric Miles, Katie Modlin, Sarah Musgrave, Caroline Patterson, Cade Talley, Connor Thurman, Adam Walker, Ethan Williams, Austin Witt and Avery Witt.** These swimmers swam their personal best times this season in all their individual swims at the South Belt meet as compared to their first official times recorded this season. They also swam all of their strokes legally (no DQs).

Our Third Meet @ South Belt Produces More Reserve and Champ Times!

RESERVE TIMES:

Samantha Biskynis – 100 IM
Ian Burkett – 50 FREE, 50 BREAST
Dylan Capece – 50 BREAST
Cayley DeVries – 50 FLY
Zachary Homan – 50 FREE
Jasmine Juliette – 100 IM
Macey Knobloch – 50 BACK, 50 FLY
Rebecca Loupe – 50 FREE
Eric Lucas – 50 FLY
Michelle Musgrave – 100 IM
Sarah Musgrave – 50 BACK
Audrey Petersen – 25 BREAST
Adam Walker – 50 BREAST

CHAMP TIMES:

Jacob Arend – 50 FLY
Jared Arend – 50 BREAST
Nick Clemmer – 200 FREE, 50 BREAST
Trey Cole – 100 FREE
Nathan Craig – 50 BREAST
Cayley DeVries – 50 BREAST
Mike Garske – 100 BREAST
Macey Knobloch – 50 FREE
Patrick LaBrode – 50 FREE, 100 FREE, 100 BACK
Eric Miles – 200 FREE, 100 BREAST
Patrick Miller – 25 BACK
Abby Monteith – 100 IM, 100 FREE
Vivian Nguyen – 50 BACK
Brandon Steinkuehler – 100 BACK
Madelyn Walker – 100 IM
Avery Witt – 50 BREAST

More Piranhas Earn 100% Event Awards @ South Belt Meet!

Congrats to all the following swimmers who have successfully swum all individual events in their age category! They are: **Erica Arend, Karlie Comeaux, Rachel Craig, Haleigh Davis, Cayley DeVries, William Garske, Ethan Homan, Vivian Jaouhari, Jason Juliette, Harrison King, Kista Shae Layman, Eric Lucas, Elena Michnovicz, Eric Miles, Patrick Miller, Michelle Musgrave, Sarah Musgrave, Alexandra Patterson, Caroline Patterson, Connor Thurman, Adam Walker, Madelyn Walker, and Gabrielle Wilcox.**

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Several Piranhas Swim up at South Belt to Support the Team (or just for fun)!!!

Special thanks go to the following Piranhas who swam up to help support the team!

Lindsay Delwood (10) - 11-12 FREE Relay
Donald Richardson (10) - 11-12 FREE Relay
Cade Talley (10) - 11-12 Medley Relay
Sarah Stevens (6) - 8 & UN FREE Relay

Great job to the following Piranhas who swam up for fun!

Morgan Beadling (6) - 25 FLY
Jackson Carter (6) - 25 BREAST
Caitlyn Clemmer (13) - 200 FREE
Nick Clemmer (14) - 200 FREE
Isabella Corsaro (6) - 25 FLY
Alexander Goddard (6) 25 BREAST
Ethan Homan (6) - 25 BREAST
Harrison King (6) - 25 BREAST
Natalie Loupe (11) - 100 FREE
Connor Thurman (6) - 25 BREAST
Sarah Stevens (6) - 25 FLY

Swimmers Improve Technique at South Belt Meet!

Congratulations to the following swimmers who reswam a stroke they DQed on at a previous meet and swam it legally at the South Belt meet. They are: Morgan Beadling, Kaylie Boyer, Thomas Brown, Lindsey Delwood, Matthew Estes, Nicholas Fowler, Mike Garske, Ashlee King, Harrison King, Eric Lucas, Eric Miles, Patrick Miller, Katie Modlin, Alexandra Patterson, Audrey Petersen, Kendra Todd, and Avery Witt.

TEAMWORK

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Community Management Solutions, Inc.
Community, Homeowner, Property Owner, Associations

To Cap or Not to Cap



Several families have asked about the use of swim caps. For very new swimmers, swim caps may feel uncomfortable and irritating, so we don't require the use of them on our team. (We wouldn't want a younger swimmer to give up on swimming because they didn't like the swim caps.)

However, the advantages of using swim caps are many. First of all, they definitely do reduce drag and will help your swimmer achieve a faster swim time. In fact, my younger daughter used to be very resistive to wearing swim caps, until she missed a champ time by 0.04 seconds. Since then, she always wears a cap to meets. If your swimmer is very close to a special time (reserve or champ) and is not wearing a swim cap, I would recommend it. Also, with boys having much longer hairstyles than they used to, swim caps can really make a big difference, even with the guys. Another option (for boys) is to get a swim season haircut, where the boy's hair is cut short for the swim season.

An advantage of using a Piranha swim cap is that it really helps your swimmer to stand out and makes it easy for the coaches to spot your child at the meets.

Finally, for blondes, and girls with long hair, it really helps protect the hair and minimizes chlorine damage.

There are several kinds of swim caps available: lycra, latex, and silicone. Lycra is soft and comfortable for practice, but it holds a lot of water, so swimmers don't use this kind for races (it doesn't really reduce drag). Latex caps are popular for racing, but they can be hard to put on. Some swimmers don't like the way the latex pulls on the hair, but others with lots of hair prefer latex to keep their hair in place. Silicone is probably the most popular type of swim cap. It doesn't tug as much on the hair, tends to hold up longer than latex and slides easier on the head, but is more expensive. We currently sell Piranha caps in both latex (\$5) and silicone (\$10).

Whatever you decide is best for your swimmer is fine; just make sure that your child has fun swimming!



DOW Chemical Company

2009 Morning Practice Schedule

Monday-Wednesday & Friday practices are at the Mabry Mill Pool. Thursday practices are at the Oak Chase Pool because the Mabry Mill pool is shocked every Wednesday evening.

June 8 - June 19 (morning practices)

7:30-9 am: ages 11 & up
 9-9:45 am: ages 8 & under
 9:45-10:45 am: ages 9 & 10

June 22 - June 26 (post season practices)

This week of practices is only for kids attending the last chance meet on Tuesday, June 23 or kids attending the Champ meet on June 27.

8-9:30 am: ages 11 & up
 9:30-10:30 am: ages 10 & under

2009 Piranha Calendar

June 10 - Swim-A-Thon
 June 11 - Practice @ Oak Chase
 June 13 - Meet #4 vs. Heritage Park Wahoos
 June 16 - Meet #5 sign-up deadline
 June 17 - Wacky Relays @ Nassau Bay
 June 20 - Meet #5 vs. Seabrook Stingrays
 June 21 - Novice Meet (morning) & Reserve Meet (afternoon) @ Galena Park
 June 22 - First post season practice
 June 23 - Last Chance Meet
 June 27 - Champ meet @ Galena Park
 July 1 - Piranhas Awards Picnic @ Bay Knoll Park & Pool

2009 Piranhas Officers

If you have any questions or concerns, you are always welcome to contact any board member. Please note that Rex and Jan Sears are board members even though their high school children decided not to swim this season. They are extremely dedicated because they are continuing to volunteer their time and fulfill the commitment they made last July. If you are interested in helping out with that position, (and possibly becoming elected to that position this July) please let Carolyn Miles know.

President	Carolyn Miles	281-488-8990 piranhas_president@yahoo.com
Vice-president	Cindy Walker	281-480-5661 walkercs@earthlink.net
Secretary	Lisa Juliette	281-461-6840 lj_77062@yahoo.com
Treasurer	Stephanie Cole	281-488-8740 tmcole1967@att.net
League rep - Sr.	Chris Talley	281-286-7689 chris.talley@jacobs.com
League rep - Jr.	Rex & Jan Sears	281-480-9374 jansears@earthlink.net
Volunteer coordinator	Annette Craig	281-286-4851 piranhas_volunteers@yahoo.com
Clerk-of-course	Jill Stevens	281-280-0642 piranhas_clerkofcourse@yahoo.com
Registration & roster	Melissa Witt	281-480-8334 piranhas_registration@yahoo.com

Piranhas Meet Pictures



You may have noticed that we are posting links to meet pictures on our website. We are very thankful to Louise Chuang who shoots lots of wonderful photos at each and every meet. In order to make it easy

for you to view the photos, the site is public; however, to keep general people from searching out the site, we have decided to password protect the site. The password to view the photos will be "piranhas2009". We will also post this password on our website (on the photos page) so you can access them at any time without the hassle of remembering another password.

If you would like to upload Piranha pictures to the site, you should be able to do that if you joining the Shutterfly site as a member. If you have questions about uploading, please contact Louise Chuang at louise.chuang@gmail.com.



Piranha Swim Tip:

When swimming butterfly, don't breathe every cycle. Instead, breathe every other cycle.



15104 HIGHWAY 3
 WEBSTER
 281-486-8727
 (BETWEEN PINLOCH & ELDORADO)



Calling All Band Members

For our next home meet on June 13, we would like more band members to help play the National Anthem. So far we have a flute player, a clarinet player, and a trumpet player. You can download the music off of our website. Carol Barrett will be directing the band members. Please let Cindy Walker know if you are interested by contacting her at 281-480-5661 or walkercs@earthlink.net.

Next Meet: Saturday, June 13 @ Clear Brook High School

Our meet against the Heritage Park Wahoos this Saturday morning will be hosted at the Clear Brook High School Pool on Saturday, June 13. Clear Brook is located at 4607 FM 2351 in Friendswood, Texas.

Directions to the pool Take Clear Lake City Blvd. and stay on it as it turns into FM2351 at I-45. Clear Brook HS will be on your left, right after Hope Village Road. The pool is the dark gray building on the right side of the school. It is a six lane pool.

Parking There is plenty of parking in the lot in front of the school.

Camping Even though the pool is indoors, we will be camping outside on the football practice field which is on the other side of the pool building from the parking lot. From the parking lot, you can take the breezeway to the other side of the pool building. We are not bringing the team tents. It is a good idea to bring something to keep your swimmers occupied between events. And, of course, don't forget your towels, swimsuits, goggles and caps.

Swimmer Check In Swimmers will need to check in with the coaches between 6:30 and 7:00 am and pick up their stickers which list their events. The coaches will be wearing blue Hawaiian shirts so you can easily find them. The events are written in Sharpie marker on the swimmer's hand and the parents normally put the sticker on their clothes. If you have signed up for the meet, and for some reason can't make it or are running late, please contact our meet clerk, Dawn Alexander, at 832-877-5635 by 7:00 am to let her know. If for some reason you can't reach her, you can contact me (Carolyn Miles) at 281-773-4438. Our swimmers will warm up as a group from 7:00 to 7:20 am.

Volunteers All first shift (events 1-40) volunteers should check in with Annette Craig around 7:30 am. Second shift

volunteers will check in around event 37 to begin working at event 41.

General The meet will start with the National Anthem at 8:00 am, and it will be over between 1:30 and 2:30 pm.

Awards and Recognition



We have one regular season meet left to sign up for and I just want to encourage you and your child to try all of their events if they are ready. Your child will receive a small medal if he/she successfully swims each stroke event for their age at least once (without a DQ) during the season. The relays do not count for this award; this is only individual events. For example: the 6 & unders only need to swim the 25 FREE and the 25 BACK. The 7 & 8s need to swim the 25 FREE, 25 BACK, 25 BREAST & 25 FLY to earn this award. If they don't swim them legally, they will still get a "Try-It" certificate for at least attempting all of their strokes.

Each child will also get a "Progression of Times" chart at the end of the season with all of their times from all of their individual swims. It is our goal to make every effort for each child to feel successful at the end of the season.

